

THE IMPORTANCE OF FOOD

- **Factors influencing food**
- **Geographical position and available resources**
- **Religion prohibitions – Islam, Judaism, Christianity?**
- **Food-symbol of wealth – exotic food for some people, for some – pure water**

Czech food

- Czech food is generally heavy, greasy and not very healthy
- Czechs eat a lot of **pork**, sauces, fried and sweet dishes
- **Dumplings** – as a side dish with meat
- Fruit dumplings

- **Traditional Czech food is pork with dumplings and sauerkraut - *vepřové, knedlíky a zelí*, always served with a glass of beer**
- ***Smažený sýr* – fried cheese**
- **The traditional starter is hot soup**



Soups - *polévky*

- ***Slepičí polévka*** – chicken soup
- ***Hovězí vývar*** – beef broth
- ***Rajská polévka*** – tomato soup



The menu

- The menus usually have two or three courses
- Side dishes of dumplings, rice, potatoes or French fries
- Every main dish is usually garnished with *obloha* (cucumber, tomato, lettuce, cabbage or pickles)

Examples of typical dishes

Kinds of meat

- Vepřové maso - pork
- Hovězí maso- beef
- Kuřecí maso- chicken

- Telecí maso - veal
- Jehněčí maso- lamb

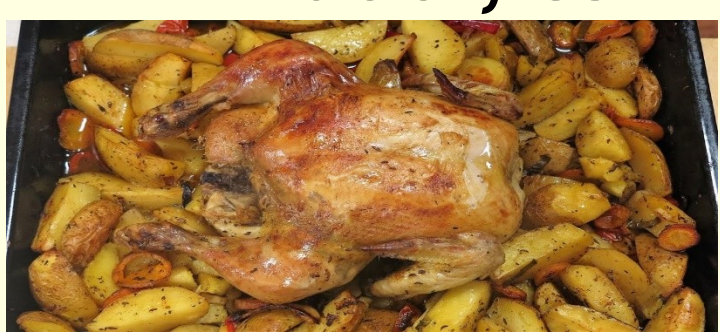
Examples of typical dishes

- ***svíčková na smetaně*** - sliced beef sirloin served in a creamy vegetable sauce with dumplings
- ***guláš*** – beef or pork goulash served with dumplings and often garnished with onion slices



Examples of typical dishes

- ***Pečené kuře a brambory – roast chicken and potatoes***
- ***Hovězí, rajská omáčka a rýže –***
- ***beef, tomato sauce and rice***



Fish - *ryba*

- Fish - a special Christmas meal, but
- it is available in any Czech restaurant all year around
- Czech pond-bred carp – *kapr* - from south Bohemia
- Trout – *pstruh* - is very popular

Sweet dishes

- *palačinky* - rolled crepes filled with either fruit or jam and topped with whipped cream and chocolate
- *ovocné knedlíky* - dumplings filled with plums or other fruit and topped with sugar, cream cheese and melted butter
- *jablečný štrúdl* - apple strudel



Drinks



- The most famous Czech drink is beer – *pivo* – *very high consumption*
- The best-known Czech beer is Pilsner, its name is derived from a town in western Bohemia called Plzeň (Pilsen in German)
- Radegast, Budvar
- The usual type is draught light beer - *světlé* and in some places they serve special strong dark lagers - *tmavé*

Other typical drinks

- **Czech liqueur- *Becherovka***
 - a bitter-sweet, yellow herbal drink, it can be served as an aperitif
- ***Slivovice* – plum brandy, strong alcoholic drink**
- **Moravian wines – from south Moravia region**
 - Mineral waters- carbonated, still**



Coffee - káva

- ***Turecká káva*** - Turkish coffee – a very simplified version of real Turkish coffee- hot water poured on coffee powder
- **Vienna coffee** – with whipped cream



Which cuisine?

- Fish and chips
- Parmesan cheese
- Tortillas
- Raw fish
- Couscous
- Curry
- Dolma
- Borscht
- Bigos

Questions

- **What is the meal typical for your culture?**
- **What are typical ingredients?**
- **What is the standard drink?**
- **Are meals often made at home?**
- **Is it popular to go out to have a meal?**

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- Tramín červený
 - Muller Turgau
 - Savignon
 - Frankovka
 - Mohu/ můžu si objednat?
 - Platit prosím
 - Účet prosím